Agenda

2nd World Congress



Microbiota & Mitochondria: Key Targets

October 15-16, 2025 - Valencia, Spain







2nd World Congress on Targeting Extracellular Vesicles

October 15-16, 2025 - Valencia, Spain

Day 1 - October 15 - 2025

Conference Agenda

8h00 Materials Distribution

8h50 Welcome Note of Targeting Extracellular vesicles 2025:

Marvin Edeas, Volkmar Weissig, Ramaroson Andriantsitohaina, and Carla Lopes Local Organizing Committee: Consuelo Borrás, Cristina Mas-Bargues, Antonio

Marcilla, and Ana Melero

9h00 Introductory Remarks: Extracellular Vesicles in 2025

Consuelo Borrás, President of the Local Organizing Committee,

University of Valencia, Spain

Keynote Speech

9h10 Extracellular Vesicles as Architects of Systemic Health and Disease

Simon Carding, Quadram Institute Bioscience, United Kingdom

Session 1: Mitochondria & Extracellular Vesicles: A Cross-Talk in Health & Disease

Chairpersons: Ramaroson Andriantsitohaina, Consuelo Borras



9h40 Extracellular Vesicles and Mitochondrial Dynamics: Implications in

Aging and Pathology

Maria Cavinato, University of Innsbruck, Austria



10h05 Extracellular Vesicles and Mitochondrial Transfer: A Novel Approach for targeting

Parkinson's Disease and Alzheimer's disease

Amalia Dolga, University of Groningen, The Netherlands

10h30 – 11h15 Coffee Break, Networking, & Poster Session



11h15 Mitochondrial Stress Drives Nucleophagy and the Release of Extracellular Vesicles

Carrying DAMPs

Carla Lopes, University of Coimbra, Portugal



11h40 Impact of Maternal Extracellular on Embryo Metabolism: Recent

Advances and Perspectives

Felipe Vilella, INCLIVA Health Research Institute, Spain

Chairpersons: Carla Lopes, Maria Cavinato

12h05 **Short Oral Presentations:**

Small Extracellular Vesicles from Young Adipose-Deprived Stem Cells Ameliorate Age-Related Cognitive and Metabolic Impairments in Aged Mice **Javier Huete, University of Valencia, Spain**

Polycyclic Aromatic Hydrocarbons Stimulate Mitochondria-Containing Extracellular Vesicle Release in Endothelial Cells: Sorting and Characterization of Distinct Subpopulations *Camille Chauvin, University of Rennes, France*

12h30 – 14h00 Lunch Break, Networking, & Poster Session



14h00 Redox Modulation in Aging Mediated by Stem Cell-derived Extracellular Vesicles

Cristina Mas-Bargues, University of Valencia, Spain



14h25 Extracellular Vesicles in Cardio-Metabolic Therapy: Targeting Hypothalamic NLRP3 to Prevent Obesity- Linked Arrhythmias

Ramaroson Andriantsitohaina, University of Montpellier, France



14h50 Exosomal Membrane Histones: Their Role and Regulation Under Stress Conditions

Jonathan Gilthorpe, Umeå University, Sweden

Chairpersons: Laura Baldoma, Roosmarijn E Vandenbroucke

15h15 Short Oral Presentations:

Astrocyte-Derived Extracellular Vesicles in Central and Intestinal Inflammation: A Possible Brain-to-Gut Signaling Pathway

Inge Úrsula Wyneken Hempel, Universidad de los Andes, Chile

IRSp53-Dependant Filopodia-Derived Extracellular Vesicles Promote Cell Proliferation Via Targeting Through Integrins and Laminin

Shiro Suetsugu, Nara Institute of Science and Technology, Ikoma, Japan

15h35 – 16h15 Coffee Break, Networking, & Poster Session

Changes in Cryotolerance of Spermatozoa in Men with Infertility Under the Influence of Extracellular Vesicles from Donor Seminal Plasma

Anastasia Sysoeva, Federal State Budgetary Institution "National Medical Research Center for Obstetrics, Gynecology, and Perinatology named after Academician V.I. Kulakov" of the Ministry of Health of Russia, Russia

Inhibition of Biogenesis of Extracellular Vesicles Induces Bioenergetic Changes in Podocytes *Wiktor Jarecki, Mossakowski Medical Research Institute, Polish Academy of Sciences, Poland*

Plasma Exosomes from Individuals with HIV and Cancer Enhance Tumor Cell Proliferation and Migration

Norma Rallón, Health Research Institute Fundación Jiménez Díaz, Autonomous University of Madrid (IIS-FJD, UAM) / HURJC, Madrid, Spain

Metabolic Stress Regulation of Adipose Tissue Exosome Release in a High Fat Fed Mouse Model of Obesity, Role of Autophagy?

Silvia Mora, University of Barcelona, Spain

17h00 End of Day 1

20h00 Meet the Speakers Dinner (Reserved for ticket holders only)



Day 2 – October 16, 2025

8h50 Opening Day 2

Session 2: Microbiota & Extracellular Vesicles: Implications for Human Health

Chairpersons: Claudia Günther, Magdalena Gorska-Ponikowska



9h00 Microbiota Extracellular Vesicles as a Postbiotic Strategy: Recent Findings and Perspectives

Laura Baldomà, Universitat de Barcelona, Spain



9h25 The Microbiome's Secret Handshake: How bacterial EVs hijack immunity and

harm the liver in IBD

Claudia Günther, University Hospital Erlangen, Germany



9h50 Dietary-Derived Exosome-like Nanoparticles: Advances and Perspectives

Carla Soler, University of Valencia, Spain

10h15 – 11h00 Coffee Break, Networking, & Poster Session



11h00 Bacterial Extracellular Vesicles Halt the Progression of Parkinson's Disease in the Gut

Sandra Morais Cardoso, University of Coimbra, Portugal

11h25 Short Oral Presentations:

RNA and DNA-Based Bacterial Extracellular Vesicle Source Identification *Jenni Turunen*, *University of Oulu, Finland*

Batch Fermentation in Bioreactor for S. Epidermidis EVs Production *Giacomo Presutti*, *Politecnico di Torino*, *Italy*

High-Yield Extracellular Vesicle Production from Microorganism Producer Cells Under Rotating Motion in Baffled Vessel **Solène Lenoir,** Institut Curie, France

Maternal Weight and Bacterial Extracellular Vesicles in Amniotic Fluid and Feces of Pregnant Women

Kaisu Kyrö, University of Oulu, Finland

Extracellular Vesicles from Lacticaseibacillus Paracasei Reduce Neuroinflammation in Hippocampus and Restore Some Cognitive Functions in Hyperammonemic Rats **Paula Izquierdo-Altarejos**, INCLIVA Health Research Institute, Spain

12h15 – 13h45 Lunch Break, Networking, & Poster Session

Session 3: Clinical Applications of EVs: Challenges and Perspectives

Chairpersons: Sandra Morais Cardoso, Cristina Mas-Bargues



13h45 Microbiota-Derived OMVs: A Novel Mechanism in Brain Function and Alzheimer's Disease

Roosmarijn E Vandenbroucke, Ghent University, Belgium



14h10 Engineered Extracellular Vesicles for Regeneration and Rejuvenation: Advances and Perspectives

Lino Ferreira, University of Coimbra, Portugal



14h35 Inverse Association Between Parkinson's Disease and Cancer: Could Exosomes Be the Missing Link?

Magdalena Gorska-Ponikowska, Medical University of Gdańsk, Poland



15h00 The Influence of Plant Exosomes on the Healing Process in the Patient with Hydradenitis Suppurativa

Wioletta Baranska-Rybak, Medical University of Gdańsk, Poland



15h25 Extracellular Vesicles for Treating Lysosomal Storage Disorders

Ibane Abasolo, Instituto de Química Avanzanda de Cataluña – CSIC, Spain

15h50 Targeting EVs 2025 - Concluding Remarks

Consuelo Borrás, President of the Local Organizing Committee, University of Valencia, Spain Marvin Edeas, Founder of Targeting Extracellular Congress

16h00 Targeting EVs 2025 - Awards

16h10 - Coffee, Drinks and Snacks & Networking

17h00 End of Targeting EVs 2025

